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# Exeter Hospital Honored with Resuscitation Recognition Award

**Exeter -**  Exeter Hospital has received the Get With The Guidelines®-Resuscitation Gold Plus Award for implementing specific quality improvement measures outlined by the American Heart Association for the treatment of patients who suffer cardiac arrests in the hospital.

More than 200,000 adults and children have an in-hospital cardiac arrest each year, according to the American Heart Association. The **Get With The Guidelines-Resuscitation** program was developed with the goal to save lives of those who experience in-hospital cardiac arrests through consistently following the most up-to-date research-based guidelines for treatment. Guidelines include following protocols for patient safety, medical emergency team response, effective and timely resuscitation (CPR) and post-resuscitation care.

Exeter Hospital received the award for meeting specific measures in treating adult in-hospital cardiac arrest patients. To qualify for the awards, hospitals must comply with the quality measures for two or more consecutive years.

“It is the primary goal of the multidisciplinary code committee to ensure that personnel are current with resuscitation training and that the performance of our emergency response team is optimal,” said Tina Dionne, RCP Director of Respiratory. “Our resuscitation knowledge opportunities utilize education, mock codes, simulations and real-time personnel feedback which ensures maximum efficiency in resuscitation measures. We strive for excellence through continuing to improve efficiencies, teamwork, collaboration, and commitment to high quality care.”

“This Gold award is recognition of the outstanding efforts of our front line staff, who truly care for our patients and continue to deliver quality and evidence-based care,” said Nataliya Tereshchenko, RN, Quality Coordinator in the Quality and Patient Safety Department. “Of course we as a team are constantly looking for opportunities for improvement, for example some of our new endeavors are CPR feedback devices, improved code documentation, and new education tactics.”

“I am proud to be part of an organization that uses evidence based practices to achieve excellent outcomes for our patients. This award acknowledges the accomplishment of our outstanding staff,” said Melissa Pollard, DNP, ARNP , RN-BC, CCRN, CEN, WCC, FNP/GNP-BC, Hospitalist Medicine Department.

Get With The Guidelines-Resuscitation builds on the work of the American Heart Association’s National Registry of Cardiopulmonary Resuscitation, originally launched in 1999 and has collected in-hospital cardiac arrest data from more than 500 hospitals. Data from the registry and the quality program give participating hospitals feedback on their resuscitation practice and patient outcomes. The data also help improve research-based guidelines for in-hospital resuscitation.

**About Get With The Guidelines**

Get With The Guidelines® is the American Heart Association/American Stroke Association’s hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 9 million patients since 2001. For more information, visit [heart.org](http://www.heart.org)/quality**.**

**About Exeter Hospital:**

Exeter Hospital is a community-based hospital that serves residents from 38 towns in New Hampshire’s Seacoast Region. The hospital and its affiliates employ 2,300 area residents and provide millions of dollars annually for community benefits. Exeter Hospital has held a Magnet® designation for nursing excellence since 2013, which has only been accomplished by approximately seven percent of the hospitals in the nation. For more information, visit exeterhospital.com or call (603) 580-6668.